



U3A MARYBOROUGH QLD Inc
www.u3amaryborough.org

APRIL 2023 Newsletter

U3A – University of the Third Age – The Life Period of Active Retirement.

U3A, a community organisation that promotes healthy ageing by sharing educational, creative, leisure activities provided by our own members.

President’s Report

Hello everyone.

I hope you are all coming to our AGM. All positions will be declared vacant so it gives everyone a chance to contribute to the smooth running of the group.



We are looking for a new Treasurer as Marilyn is going overseas for a new adventure and our Secretary needs time for other ventures.

We all help each other and it is a wonderful group we have on the committee. That doesn’t mean we don’t need help. We have a number of small tasks within our committee roles, e.g. picking up money, delivering newsletters to classes, taking photos, collecting names of interested persons for some classes like Art, Bush Walking etc., & just talking about our classes with people & promoting U3A. Please give it some thought.

Look forward to catching up with you all.

Judy

TERM DATES - 2023

Term 2	17 April to 23 June
Term 3	10 July to 15 September
Term 4	3 October to 8 December



Happy Birthday to all our members celebrating a birthday this month.

Maryborough U3A AGM

Our AGM will be held on Friday 21st April 2023 at 1.30pm at the MaDCOTA Hub. Tea, coffee & biscuits will be available.

Like Judy says in her report, there are lots of small tasks that a ‘Committee Member’ can assist with, so we encourage all members to consider joining our friendly committee group. The committee currently meet at 1.00pm on the 2nd Monday of each month at Homewares from Everywhere on Gayndah Road.

NOMINATION FORM FOR 2023 AGM is attached to this Newsletter. This completed form must be returned to the Secretary of U3A Maryborough Inc., OR placed in the U3A Mailbox located across from the Notice Board at the MaDCOTA Community Hub, Alice Street, OR may also be handed to any Committee member by **Wednesday 19 April, 2023**



Wishing a speedy recovery to all our members who may not be in the best of health or who have loved ones who need your love.

First Aid Certificate holders

If you have a First Aid Certificate, could you please let a committee member OR a tutor know.





If you see someone without a smile, give them one of yours.

Handsom Hands *

Just show your hands
They are so old
They weathered the storm
Of life and it's issues

Just clasp those fingers
You have always worked
On piano, in the garden
And on your sleeky Honda Vespa

Just clap those hands
You were once a father of 3
You hosted birthday party games
Songs of the Xmas greetings

Just lay out those hands
They are a treasure to hold
Someone held them, loved them
When life was new and good.

* by Wendy of the Creative Writers' Group

Pickleball -



We are looking for members who may be interested in playing

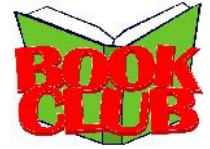
PICKLE BALL



Please let a Committee Member know if you are interested.

My ability to remember song lyrics from the 60s, 70s and 80s, far exceeds my ability to remember why I walked into the kitchen.

Book Club -



Anyone Interested in a Book Club

You could meet at a Local Café, Park, or Private Home.

Discuss the Books that you have Read, Swap Books, Recommend Books to Others.



Please let a Committee Member know if you may be interested in being part of this Group.

Art for Fun -



Art for Fun

Judy and Anne invite you to **BUBBLES and BRUSH STROKES**



Be an Artist for a Few Hours
Sip Champagne, Enjoy Morning Tea,
and Chat with Friends

SATURDAY, 13th May, 2023

Judy's Garden
9:00am – 1:00pm

B.Y.O. Apron, Chair, and Your Smile

\$8.00 for Canvas and Paint

Please **RSVP** 12th May

Anne 0412 655 129 OR Judy 0408 999 363

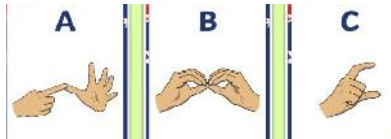


*As we grow older,
Real beauty travels from the
face to the heart,
Appeal turns to charm,
Hurt to wisdom and
Great moments to shared
memories.
The true beauty of life is not how
happy you are now,
But how happy others are
because of you.*

Visitors to Maryborough or friends who are interested in joining our classes

If you have friends visiting Maryborough who are interested in joining our U3A classes, or if you have a friend/s who have expressed an interest in trying our classes, they are welcome to attend 2 classes before needing to join U3A & pay the class fees, but they will not be covered by our insurance.

Introduction to Sign Language classes



Coming soon

If you are interested in learning sign language, the committee are looking into organising some classes during term 2. The course will run over 4 weeks and will be 1 (one) hour sessions. Cost \$10.00

For further details contact our class coordinator, Anne on 0412 655 129 or Judy 0408 999 363

BUSHWALKING – in Term 2



If you are interested in Bush Walking –
Commencing Tuesday 9th May 2023
9.00am start

Behind the Showgrounds and around the Lake
(4kms)
With Marlene Luce

For further details contact our class coordinator,
Anne on 0412 655 129

Maryborough U3A Committee meetings

Your Maryborough U3A committee meet at 1.00pm on the 2nd Monday of each month at Homewares from Everywhere on Gayndah Road. All members are welcome to sit in on a committee meeting and perhaps share your ideas around additional classes / interests etc.

Items / photos for Newsletter

If you would like your group mentioned in this newsletter, please email photos and / or a short write-up to - u3amaryborough@gmail.com

*** The phone
The phone buzzed twice at 8.30 p.m.
I caught it on the third ring and**

I was leaving Uni. Trying to juggle my bag and that bulging A3 folio, I was all thumbs trying caller to get the phone from the inner recesses of my handbag. By the time I answered it, the had hung up. I thought no more of it, as I hurried to the tram stop, rearranging the contents of my bag and the cumbersome folio, just in time to catch the last tram for the night heading to Camberwell. At this hour the tram was on its way to the depot at Hawthorn, with no passengers on board apart from the driver and conductor.

Normally I would not have been on the tram, but it was after 8.45pm.

I settled in and vacantly stared out looking at the city lights and traffic. At the next stop a block away, an old lady alighted. And, and like all women travelling on their own, she sat across from me for safety. I welcomed another woman on the tram at that hour also. We exchanged pleasantries. She was overtly friendly and wanted to chat, however, I wasn't really interested in continuing a conversation with her.

Whereas that was the last thing I wanted to do, though it wasn't what she was saying in her smooth educated voice. It was me. I was tired, run down and in need of a good sleep and something nutritious, in that order, as I needed to preserve my energy for the next 24 hours, when I would sit the practical assessment.

The old lady rummaged through her overfilled backpack, obviously looking for something, and absent-mindedly said,

"Now where did I put the address?"

"I had a piece of paper with an address in Canterbury Rd Camberwell and I can't seem to find it." She said as she continued, to delve into her backpack going through the pockets. Quite relieved, she sighed,

"I would look silly walking up and down Canterbury Road trying to remember the number at this hour."

I told her I was getting off at the corner of Bourke and Canterbury roads and would let her know when we approached the intersection. She said she would appreciate the company.

She asked me what I did that, I was out so late with such a load. I described the Environmental Arts degree I had embarked on. Due to a late lecture session given by a visiting Environmental lecturer, who was also assessing my practical exam, we all left late," I explained,

I had let my weariness dissipate as I said, "We were all left flabbergasted by his approach and disregard for time, while we were cursing and swearing amongst ourselves, that there may not be any trams at this hour and he could drive us all home! As if!"

The old lady chuckled and said, "That sounds typical of the lecturer!"

I forewarned her of our stop ahead.

We exited the tram and walked up Canterbury Road through the cool and sometimes dimly lit parts, due to the overhanging trees that lined the road. The old lady kept pace with me and continued to chat. We approached my flat, when an MG sports car with the hood down roared into view through the S bends.

It slowed down, then quickly stopped.

The driver stepped out and approached us and asked if we knew a Daphne McDonald?

With that the little old lady replied, "That's me you're late."

Jeremy introduced himself to us.

He admonished his aunt for walking and not waiting for him at the tram stop just past the university as per their plan.

Daphne McDonald introduced her nephew Jeremy, the one I was speaking to you about whom I haven't seen for 20 years.

It appeared that Daphne was trying to reach her nephew, Jeremy's flat as he did not meet her as arranged.

Jeremy explained he was delayed after presenting an extended lecture in Environmental Arts at the University and was running late, due to the presentation.

Jeremy and I looked at each other and started laughing at the coincidence.

Jeremy explained how he had obtained my mobile phone number, from my best friend Tilly, after the lecture and tried to ring when it became known to him that I lived up the same road as he did and that his visiting aunt also a lecturer would be on the last tram and he wanted me to accompany her. Tall order!

Coincidentally the unanswered ph. call earlier did not need to be answered, the connection was made up Canterbury Road that night.

It seems Aunt Daphne had unwittingly played a role in my social meeting with Jeremy.

Now how do I explain, my meeting that evening with the Environmental Lecturer, who was also the assessor and his Aunt Daphne?

* By Sophia of the Creative Writers' Group



Maryborough

COMMITTEE 2022 / 2023

President	Judy	0408 999 363
Secretary	Ellen	0428 365 882
Treasurer	Marilyn	0412 595 015
Class Co-ordinator	Anne	0412 655 129
Committee:	Gale, Mary-Anne, Barb, Pat, Wendy	

u3amaryborough@gmail.com

*U3A Maryborough Bank Account BSB 645 646
Account No 102363714*

PHOTOS



Some members of Marjorie's Yoga class held on a Tuesday afternoon



Your 2022/2023 committee during a committee meeting. All members are welcome to sit in on a committee meeting and perhaps share your ideas around additional classes / interests etc.



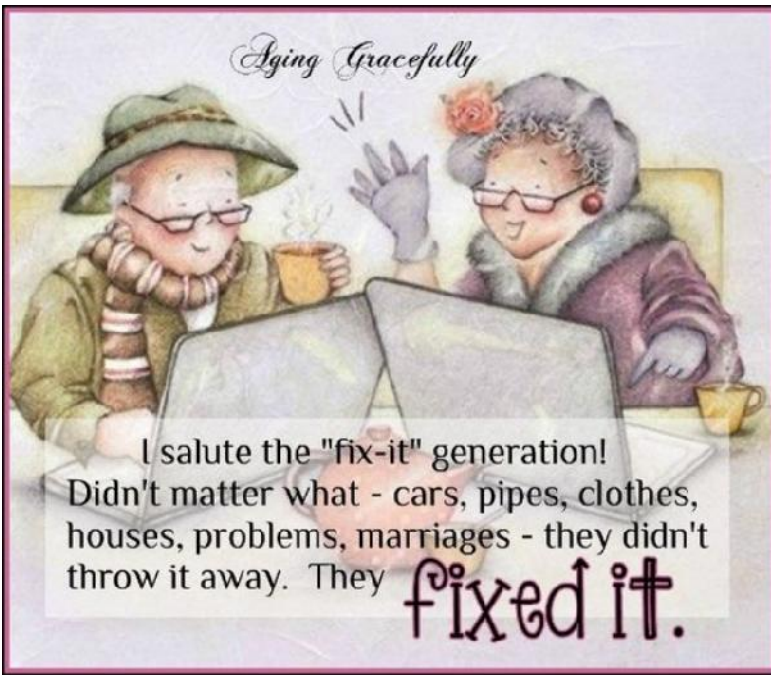
Some of the Ukulele and Sing-a-Long groups at the Open Day



Tutor Wendy and student Sophia from the Creative Writers Group at the Open Day



Mahjong players and Cards 500 players at the Open Day



U3A MARYBOROUGH CLASSES 2023 (Enquiries – Anne 0412 655 129 & Judy – 0408 999 363)

DAY	TIME	ACTIVITY	VENUE	TUTOR
Monday	8:30am-9:30am	Marcia's  Exercise Fitness	Pensioners Hall	Marcia 0423 068 311
	10:00am-11:00am	Beginners Tai Chi	Pensioners Hall	Anne 0412 655 129
	9.30am-11.00am	Creative Writers' Group	Pensioners Hall	Wendy 0419 783 478
Tuesday	9:00am-10:00am	Pilar's Exercise Dance	 Pensioners Hall	Pilar 0413 342 976
	1.00pm-2.00pm	Yoga 	Pensioners Hall	Marjorie 0409 710 605
Wednesday	8:30am-9:30am	QiGong Exercise	 Pensioners Hall	Anne 0412 655 129
	10.00am-12.00	Partner Dancing (With or Without Partner)	Pensioners Hall	Chris & Denny 4121 6175
	10:00am-11:30am	Matters Arising from Current Affairs	QCWA Hall	Sheila 0409 526 263
	1:00pm-2:00pm	Scottish Country Dancing	Pensioners Hall	Judy 0408 999 363
	1:00pm-4:00pm	Mahjong 	QCWA Hall	Ann 0439 449 859
Thursday	8:30am-10:30am	Line Dancing 	MADCOTA Community Hub	Lorraine 0409 280 855
	9:00am-10:30am	 Tai Chi Thursday	St. Stephen's Uniting Church Hall	Anne 0412 655 129
	11:00am-12:30pm	Introduction to Philosophising	Library Bazaar Street	Steve 0478 316 814
	1:00pm-3:00pm	Ukulele Beginners & Advanced	 QCWA Hall	Gayle 4123 5272 Frank 41212330
	1:00pm-5:00pm	Cards 500	Computer Users Hall, Sussex Street	Linda 4122 2874
	1:00pm-5:00pm	Hand and Foot (Canasta)	Presbyterian Church Alice Street	Judy 4123 3235
Friday	9:30am-11.30am	Sing-A-long	 QCWA Hall	Neva 4122 1895
	On Request	Learn How to Play Chess	R.S.L. Lennox Street	David 0418 732 872
Friday or Saturday	9:15am-12:15am	Art for Fun (Twice a Term) 	QCWA Hall or Garden Venue	Judy 0408 999 363 Anne 0412 655 129



U3A MARYBOROUGH INC

**NOMINATION FORM FOR OFFICE BEARERS AND
COMMITTEE MEMBERS
2023 - 2024**

We, the undersigned financial members of U3A Maryborough Inc. hereby nominate:

Mr/Mrs/Ms
(please print)

For the position of or as a member of the committee
(please print)

Proposer :
(please print) **Signature**

Secunder :
(please print) **Signature**

I, **hereby agree to stand for this position**
(please print)

Signature

**This completed form must be returned to the Secretary of U3A Maryborough Inc.,
Or placed in the U3A Mailbox located across from the Notice Board at the
MADCOTA Community Hub, Alice Street. This form may also be handed to any
Committee member**

Please submit nominations prior to Wednesday 19 April, 2023

U3A MARYBOROUGH INC ANNUAL GENERAL MEETING PROXY REQUEST

I,
(please print) **Signature**

Being a current financial member of U3A Maryborough Inc, and unable to attend the 2023 Annual
General Meeting, hereby nominate

.....
(please print) **Signature**

To stand as my representative/proxy for any subject that comes up requiring a vote
from the members present.